



Membership Application Form

Membership number: *(staff use only)* _____ Date of Birth: _____

Given Name: _____ Surname: _____

E-mail Address: _____

Address: _____ Town: _____ Postcode: _____

Contact Phone: _____ (A/H): _____ (B/H) _____ (Mobile)

Emergency Contact Name: _____ Relationship: _____

Contact Phone: _____ (A/H): _____ (B/H) _____ (Mobile)

Physical Activity Readiness Questionnaire (PARQ)

If you answer **YES** to any of the below questions (*excluding question 8*), you will be required to obtain a medical clearance from your doctor before beginning **ANY** exercise program or fitness assessment.

Please read each question carefully and answer accordingly (circle appropriate).

1.	Has your doctor ever said you have heart trouble?	YES	NO
2.	Do you frequently suffer pains in your heart or chest?	YES	NO
3.	Have you had any chest pain recently?	YES	NO
4.	Do you often feel faint, dizzy or lose balance?	YES	NO
5.	Has your doctor ever said your blood pressure is too high? (eg. Over 140/95)	YES	NO
7.	Has your doctor ever said you have severe bone, joint or muscle problems, such as arthritis, that has been aggravated, or might be made worse, by exercise?	YES	NO
8.	Are you over 35 and not accustomed to regular vigorous exercise?	YES	NO
9.	Are you currently pregnant?	YES	NO
10.	Are you currently suffering from any illness?	YES	NO
11.	Is there any other physical reason not mentioned here, that might restrict your exercise program? If so please specify:	YES	NO

How did you hear about us? (Please tick)

The Adviser <input type="checkbox"/>	The Shepparton News <input type="checkbox"/>	Television <input type="checkbox"/>	One FM <input type="checkbox"/>
96.9 Star FM <input type="checkbox"/>	95.3 3SR <input type="checkbox"/>	School Newsletter <input type="checkbox"/>	Referred <input type="checkbox"/>
E-mail <input type="checkbox"/>	Special Promotion <input type="checkbox"/>	Other <input type="checkbox"/>	

Refer a friend? Is there a friend you would like to exercise with? We can contact them for you!

Name: _____ Phone number: _____

Mobile: _____ Best time to contact them: _____

Membership Quote

Date: ____ / ____ / ____ Consultant: _____

Price quoted: _____

Type of membership: _____

Redeem by: ____ / ____ / ____

Membership Terms and Conditions		Please initial:
	These terms and conditions apply to your new/current membership at the time of purchase and for the duration of your membership. Renewing members will be required to agree to new terms and conditions as outlined on the Membership Renewal Form.	
1	Your membership card must be presented to reception staff on entering facility. If you are unable to present your card to reception staff and you require a replacement card, a \$6.15 fee will apply.
2	Members and guests are required to wear wrist bands when using Spa, Sauna or Hydrotherapy facilities. The wrist bands will be fitted to customers' wrists at reception. Under no circumstances will bands be given to members to be fitted later.
3	Suspension of memberships – Only applies to 6 and 12 month memberships with a minimum of seven days. A suspension period of 1 month applies to 6 month members, and 2 months for 12 month members. A \$6.15 administration fee is payable at the time of requesting the suspension. Suspensions must be requested in writing and cannot be back dated unless a medical certificate is presented.
4	Refunds and cooling off periods – All requests for refunds within the first seven days of joining will be honoured in full, providing the facilities and services have not been used. If the membership has been used during the first 7 days then the applicable costs will be deducted from the refund entitlement. All terms and conditions of the membership are binding after seven days. After this time a refund will only be approved where: <ul style="list-style-type: none"> • A medical condition precludes further participation and a medical certificate is provided. • A refund will be calculated for the unused portion of the membership less a 20% administration fee. Management reserves the right to cancel or suspend a membership at any time and if so will refund any unused portion less 20% administration fee.
5	Upgrades and downgrades – A member may upgrade and downgrade a membership to a different type. For example you can upgrade a gym membership to a full centre membership or an off-peak aerobics to peak aerobics. A form is available at reception. If you are upgrading your membership, a fee will be calculated and an instalment will be added to your membership to be paid over the counter immediately. A form is available at reception. Additional time is calculated and added to your membership when you downgrade. Changes to membership length are only available during the cooling off period. After the 7 day cooling off period, the length of membership is binding.
6	Terms and Conditions - The terms and conditions as listed on this form apply to the member's current membership and will remain valid until expiry of the current membership. Renewing members will be required to agree to new terms and conditions as outlined on the Membership Renewal Application form.
7	Changes to conditions – The terms and conditions of the member's current membership may be changed at the discretion of management. One month's written notice will be given detailing such changes.
8	Price increases – The Centre will give members one month's written notice of any price increases. This does not apply to new programs or additional services introduced. This excludes special offers or promotions.
9	Special Offers and promotions - Current members will be able to take advantage of special offers and promotions, however the members current membership must expire within one month of the special offer or promotions end date.
10	Centre Rules - Members are required to abide by all centre rules and any requests by centre staff. Failure to abide by these rules will result in suspension or cancellation of membership.
11	Threats or inappropriate gestures of a verbal or non verbal nature towards other patrons or staff will not be tolerated. Persons behaving in this manner will be escorted from the Centre. Incidents will be dealt with by management and may result in suspension or cancellation of membership.
12	Members and guests are not permitted to conduct their own personal training or coaching sessions to other members and guests of the Centre.
13	I acknowledge that during such times whilst on the centre's premises both my property and my person shall be at my own risk and I will not hold the centre or its instructors liable for any personal injury or loss of property, whether caused by negligence of the centre, its servants or agents.
14	I warrant that I am physically and medically sound to proceed with exercise. If at any time my physical status changes, I must inform Aquamoves staff.
15	Aquamoves Management reserves the right to ask for a Medical Clearance.
16	I acknowledge that I have read these 'conditions of membership' and agree to abide by these.
17	Persons under the age of 16 are required to have the Membership Application form signed by their parent or legal guardian. The parent or legal guardian may be held responsible for any breaches of the membership terms and conditions. The parent or legal guardian may also be required to provide consent to enable the person to participate in physical activities, the emergency contact details on the front of this form must be completed for this purpose.
18	<i>Privacy Statement - The personal information contained in this document is to provide contact information/medical details for individuals wishing to use Aquamoves' facilities. This information may be disclosed to other areas of Aquamoves, Council, medical practitioners or other third parties should there be an issue or medical emergency, and in accordance of the Information Privacy Act 2000.</i>
<p>I have read and understood the membership conditions stated and agree to abide by them.</p> <p>Member's Signature: _____ Date: _____</p> <p>Receptionist's Signature: _____</p>		